



Tbilisi 2024 Para powerlifting World Cup Competition Schedule

Final version after TM

Thursday, 20 June 2024														
Day 1	Session	Category	Number of athletes	Group Division	Kit Check		Warm-Up Area		Call Area		Competition		Ceremony	
					Start	Finish	Open	Open	Start	Finish	Start	Finish		
1		Men's Up to 49 kg	9	B	09:10	09:20	09:20	09:55	10:00	10:55				
			10	A	10:05	10:15	10:15	10:50	10:55	12:00	12:05	12:10		
2		Women's Up to 45 kg	9	A	11:40	11:50	11:50	12:25	12:30	13:30	13:35	13:40		
3		Women's Up to 41 kg	10	A	14:10	14:20	14:20	14:55	15:00	16:05	16:10	16:15		
Friday, 21 June 2024														
Day 2	Session	Category	Number of athletes	Group Division	Kit Check		Warm-Up Area		Call Area		Competition		Ceremony	
					Start	Finish	Open	Open	Start	Finish	Start	Finish		
4		Women's Up to 50 kg	6	B	09:10	09:20	09:20	09:55	10:00	10:36				
			7	A	09:46	09:56	09:56	10:31	10:36	11:25	11:30	11:35		
5		Men's Up to 54 kg	9	B	11:05	11:15	11:15	11:50	11:55	12:50				
			10	A	12:00	12:10	12:10	12:45	12:50	13:55	14:00	14:05		
6		Men's Up to 59 kg	7	C	14:40	14:50	14:50	15:25	15:30	16:10				
			7	B	15:20	15:30	15:30	16:05	16:10	16:50				
			8	A	16:00	16:10	16:10	16:45	16:50	17:45	17:50	17:55		
Saturday, 22 June 2024														
Day 3	Session	Category	Number of athletes	Group Division	Kit Check		Warm-Up Area		Call Area		Competition		Ceremony	
					Start	Finish	Open	Open	Start	Finish	Start	Finish		
7		Women's Up to 55 kg	6	B	09:10	09:20	09:20	09:55	10:00	10:36				
			7	A	09:46	09:56	09:56	10:31	10:36	11:25	11:30	11:35		
8		Women's Up to 61 kg	8	B	11:05	11:15	11:15	11:50	11:55	12:42				
			9	A	11:52	12:02	12:02	12:37	12:42	13:40	13:45	13:50		
9		Men's Up to 65 kg	10	B	14:10	14:20	14:20	14:55	15:00	16:00				
			10	A	15:10	15:20	15:20	15:55	16:00	17:05	17:10	17:15		
10		Men's Up to 72 kg	7	C	16:45	16:55	16:55	17:30	17:35	18:18				
			7	B	17:28	17:38	17:38	18:13	18:18	19:00				
			7	A	18:10	18:20	18:20	18:55	19:00	19:45	19:50	19:55		
Sunday, 23 June 2024														
Day 4	Session	Category	Number of athletes	Group Division	Kit Check		Warm-Up Area		Call Area		Competition		Ceremony	
					Start	Finish	Open	Open	Start	Finish	Start	Finish		
11		Men's Up to 80 kg	7	C	09:10	09:20	09:20	09:55	10:00	10:42				
			7	B	09:52	10:02	10:02	10:37	10:42	11:24				
			8	A	10:34	10:44	10:44	11:19	11:24	12:15	12:20	12:25		
12		Men's Up to 88 kg	7	C	13:40	13:50	13:50	14:25	14:30	15:12				
			7	B	14:22	14:32	14:32	15:07	15:12	15:54				
			7	A	15:04	15:14	15:14	15:49	15:54	16:40	16:45	16:50		
13		Women's Up to 67 kg	6	B	16:20	16:30	16:30	17:05	17:10	17:48				
			7	A	16:58	17:08	17:08	17:43	17:48	18:35	18:40	18:45		
Monday, 24 June 2024														
Day 5	Session	Category	Number of athletes	Group Division	Kit Check		Warm-Up Area		Call Area		Competition		Ceremony	
					Start	Finish	Open	Open	Start	Finish	Start	Finish		
14		Women's Up to 73 kg	6	B	09:10	09:20	09:20	09:55	10:00	10:36				
			7	A	09:46	09:56	09:56	10:31	10:36	11:25	11:30	11:35		
15		Men's Up to 97 kg	6	B	11:00	11:10	11:10	11:45	11:50	12:25				
			7	A	11:35	11:45	11:45	12:20	12:25	13:10	13:15	13:20		
16		Women's Up to 79 kg	8	B	14:40	14:50	14:50	15:25	15:30	16:18				
			8	A	15:28	15:38	15:38	16:13	16:18	17:10	17:15	17:20		
Tuesday, 25 June 2024														
Day 6	Session	Category	Number of athletes	Group Division	Kit Check		Warm-Up Area		Call Area		Competition		Ceremony	
					Start	Finish	Open	Open	Start	Finish	Start	Finish		
17		Women's Up to 86 kg	7	B	09:10	09:20	09:20	09:55	10:00	10:42				
			8	A	09:52	10:02	10:02	10:37	10:42	11:35	11:40	11:45		
18		Men's Up to 107 kg	7	B	11:15	11:25	11:25	12:00	12:05	12:48				
			7	A	11:58	12:08	12:08	12:43	12:48	13:35	13:40	13:45		
19		Women's Over 86 kg	10	A	14:40	14:50	14:50	13:30	15:30	16:35	16:40	16:45		
			6	B	16:15	16:25	16:25	17:00	17:05	17:42				
20		Men's Over 107 kg	7	A	16:52	17:02	17:02	17:37	17:42	18:30	18:35	18:40		
Sunday, 26 May 2024														
Day 4	Session	Category	Number of athletes	Group Division	Kit Check		Warm-Up Area		Competition		Ceremony			
					Start	Finish	Open	Start	Finish	Start	Finish			
Men's Team Event														
21	Head-to-Head	4							10:00	10:29				
	Bronze Match	2			09:05	09:20	09:20		10:39	10:54				
	Gold Match	2							10:54	11:06	11:10	11:20		
Women's Team Event														
22	Head-to-Head	4							11:45	12:14				
	Bronze Match	2			10:50	11:05	11:05		12:24	12:38				
	Gold Match	2							12:38	12:50	12:55	13:05		
Mixed Team Event														
23	Heats	6							14:30	15:11				
	Head-to-Head	4							15:21	15:45				
	Bronze Match	2			13:35	13:50	13:50		15:55	16:09				
	Gold Match	2							16:14	16:28	16:35	16:45		