



## Competition SCHEDULE

### Tbilisi 2021 World Para Powerlifting Senior World Championships

01.12.2021

Sunday 28th November 2021												
Day 1	BW	Group	Equipment Kit Check		Weigh-in		Athletes	Competition			Victory Ceremony	
Event			Start	Finish	Start	Finish	Warm Up	Start	Finish	Start	Finish	
1	Men's Up to 49.00kg	C	07:40	09:05	07:45	09:15	09:30	10:00	10:50			
		B					10:55	11:25	12:15			
		A					12:20	12:50	13:50			
Break												
2	Women's Up to 41.00kg	B	13:02	14:05	13:07	14:15	14:30	15:00	15:50			
		A					15:55	16:25	17:20			
3	Women's Up to 45.00kg	B	15:57	17:00	16:02	17:10	17:25	17:55	18:45			
		A					18:50	19:20	20:20			

Monday 29th November 2021												
Day 2	BW	Group	Equipment Kit Check		Weigh-in		Athletes	Competition			Victory Ceremony	
Event			Start	Finish	Start	Finish	Warm Up	Start	Finish	Start	Finish	
4	Men's Up to 54.00kg	C	07:40	09:05	07:45	09:15	09:30	10:00	10:50			
		B					10:55	11:25	12:15			
		A					12:20	12:50	13:45			
Break												
5	Women's Up to 50.00kg	C	12:40	14:05	12:45	14:15	14:30	15:00	15:50			
		A					15:55	16:25	17:15			
		B					17:20	17:50	18:45			

Tuesday 30th November 2021												
Day 3	BW	Group	Equipment Kit Check		Weigh-in		Athletes	Competition			Victory Ceremony	
Event			Start	Finish	Start	Finish	Warm Up	Start	Finish	Start	Finish	
6	Men's Up to 59.00kg	C	07:40	09:05	07:45	09:15	09:30	10:00	10:40			
		B					10:45	11:15	11:55			
		A					12:00	12:30	13:25			
Break												
7	Women's Up to 55.00kg	B	12:30	13:55	12:35	14:05	14:20	14:50	15:45			
		A					15:50	16:20	17:20			
8	Women's Up to 61.00kg	B	16:05	17:00	16:10	17:10	17:25	17:55	18:35			
		A					18:40	19:10	20:05			

Wednesday 1st December 2021												
Day 4	BW	Group	Equipment Kit Check		Weigh-in		Athletes	Competition			Victory Ceremony	
Event			Start	Finish	Start	Finish	Warm Up	Start	Finish	Start	Finish	
9	Women's Up to 67.00kg	C	07:40	09:05	07:45	09:15	09:30	10:00	10:50			
		B					10:55	11:25	12:20			
		A					12:25	12:55	13:55			
Break												
10	Men's Up to 65.00kg	D	12:40	14:05	12:45	14:15	14:30	15:00	15:50			
		C					15:55	16:25	17:15			
		B					17:20	17:50	18:45			
		A					18:50	19:20	20:20			

Thursday 2nd December 2021											
Day 5	BW	Group	Equipment Kit Check		Weigh-in		Athletes	Competition		Victory Ceremony	
Event			Start	Finish	Start	Finish	Warm Up	Start	Finish	Start	Finish
11	Women's Up to 73.00kg	B	07:50	08:35	07:50	08:45	09:00	09:30	10:10	11:30	11:35
		A					10:15	10:45	11:25		
12	Women's Up to 79.00kg	B	10:25	11:30	10:25	11:40	11:55	12:25	13:20	15:00	15:05
		A					13:25	13:55	14:55		
Break											
13	Men's Up to 72.00kg	C	13:40	15:05	13:45	15:15	15:30	16:00	16:55	20:15	20:20
		B					17:00	17:30	18:30		
		A					18:35	19:05	20:10		

Friday 3rd December 2021											
Day 6	BW	Group	Equipment Kit Check		Weigh-in		Athletes	Competition		Victory Ceremony	
Event			Start	Finish	Start	Finish	Warm Up	Start	Finish	Start	Finish
14	Women's Up to 86.00kg	B	08:06	09:05	08:11	09:15	09:30	10:00	10:50	12:20	12:25
		A					10:55	11:25	12:15		
Break											
15	Men's Up to 80.00kg	C	11:40	13:05	11:45	13:15	13:30	14:00	15:00	18:20	18:25
		B					15:05	15:35	16:35		
		A					16:40	17:10	18:15		

Saturday 4th December 2021											
Day 7	BW	Group	Equipment Kit Check		Weigh-in		Athletes	Competition		Victory Ceremony	
Event			Start	Finish	Start	Finish	Warm Up	Start	Finish	Start	Finish
16	Women's Over 86.00kg	B	07:28	08:35	07:33	08:45	09:00	09:30	10:25	12:00	12:05
		A					10:30	11:00	11:55		
Break											
17	Men's Up to 88.00kg	C	10:30	11:55	10:35	12:05	12:20	12:50	13:45	17:00	17:05
		B					13:50	14:20	15:15		
		A					15:20	15:50	16:55		
18	Men's Up to 97.00kg	C	15:10	16:35	15:15	16:45	17:00	17:30	18:10	20:50	20:55
		B					18:15	18:45	19:25		
		A					19:30	20:00	20:45		

Sunday 5th December 2021											
Day 8	BW	Group	Equipment Kit Check		Weigh-in		Athletes	Competition		Victory Ceremony	
Event			Start	Finish	Start	Finish	Warm Up	Start	Finish	Start	Finish
19	Men's Up to 107.00kg	B	07:58	09:05	08:03	09:15	09:30	10:00	10:55	12:35	12:40
		A					11:00	11:30	12:30		
Break											
20	Men's Over 107.00kg	C	12:40	14:05	12:45	14:15	14:30	15:00	15:55	19:05	19:10
		B					16:00	16:30	17:25		
		A					17:30	18:00	19:00		

Monday 6th December											
MIXED TEAM EVENT											
Day 7	Phase	Category	Number of Teams	Kit Check		Weigh-in		Athletes	Athletes	Competition	
Session				Start	Finish	Start	Finish	Warm Up	Presentat ion	Start	Finish
21	Heats	Mixed Team Event	10	08:30	09:20	08:30	09:30	09:45	10:20	10:30	11:30
	Knock out		4					11:30	11:40	11:50	12:10
	Third Place		2							12:25	12:37
	Final		2					12:10	12:20	12:37	12:50
1 Medal Ceremony Mixed Teams (G,S,B) @12:55											
FEMALE and MALE THROPHIES @ 13:10 (Team 1st,2nd,3rd Place)											