



World Para Powerlifting Rankings Asian Para Games Hangzhou 2022

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Period Start: 2021-11-27 | Period End: 2022-07-15

Men's Up to 49.00kg - Junior

Rank	Name	NPC	Birth	Body Weight	Best Lift	Date	City	Country
1	Al-Sudani, Muslim	IRQ	2002	47.33	155.0	2021-11-28	Tbilisi	Georgia
2	Souri Jafarlou, Ehsan	IRI	2002	48.50	124	2022-03-02	Tehran	Iran

Men's Up to 54.00kg - Junior

Rank	Name	NPC	Birth	Body Weight	Best Lift	Date	City	Country
vacant								

Men's Up to 59.00kg - Junior

Rank	Name	NPC	Birth	Body Weight	Best Lift	Date	City	Country
1	Yokubov, Okiljon	UZB	2002	57.56	115.0	2021-12-05	Manama	Bahrain

Men's Up to 65.00kg - Junior

Rank	Name	NPC	Birth	Body Weight	Best Lift	Date	City	Country
1	Al-Karkhi, Ahmed	IRQ	2002	62.93	167.0	2021-12-01	Tbilisi	Georgia
2	Oya, Shiki	JPN	2004	62.60	96	2022-01-29	Tokyo	Japan

Men's Up to 72.00kg - Junior

Rank	Name	NPC	Birth	Body Weight	Best Lift	Date	City	Country
vacant								

Men's Up to 80.00kg - Junior

Rank	Name	NPC	Birth	Body Weight	Best Lift	Date	City	Country
1	Eskandarzadeh Karkaragh, Saeid	IRI	2002	78.59	150.0	2021-11-27	Tbilisi	Georgia

Men's Up to 88.00kg - Junior

Rank	Name	NPC	Birth	Body Weight	Best Lift	Date	City	Country
1	Mohammadishelimaki, Mobin	IRI	2004	87.06	157.0	2021-12-06	Manama	Bahrain

Men's Up to 97.00kg - Junior

Rank	Name	NPC	Birth	Body Weight	Best Lift	Date	City	Country
1	Eskandarzadeh Karkaragh, Saeid	IRI	2002	89.80	167	2022-03-03	Tehran	Iran
2	Saeedi, Many	IRI	2006	90.65	135.0	2021-12-06	Manama	Bahrain

Men's Up to 107.00kg - Junior

Rank	Name	NPC	Birth	Body Weight	Best Lift	Date	City	Country
vacant								

Men's Over 107.00kg - Junior

Rank	Name	NPC	Birth	Body Weight	Best Lift	Date	City	Country
vacant								

Women's Up to 41.00kg - Junior

Rank	Name	NPC	Birth	Body Weight	Best Lift	Date	City	Country
vacant								

Women's Up to 45.00kg - Junior

Rank	Name	NPC	Birth	Body Weight	Best Lift	Date	City	Country
1	Nurillaeva, Dildorakhon	UZB	2004	44.58	35.0	2021-12-05	Manama	Bahrain

Women's Up to 50.00kg - Junior

Rank	Name	NPC	Birth	Body Weight	Best Lift	Date	City	Country
vacant								

Women's Up to 55.00kg - Junior

Rank	Name	NPC	Birth	Body Weight	Best Lift	Date	City	Country
vacant								

Women's Up to 61.00kg - Junior

Rank	Name	NPC	Birth	Body Weight	Best Lift	Date	City	Country
vacant								

Women's Up to 67.00kg - Junior

Rank	Name	NPC	Birth	Body Weight	Best Lift	Date	City	Country
1	Morisaki, Karin	JPN	2002	66.40	68	2022-01-29	Tokyo	Japan

Women's Up to 73.00kg - Junior

Rank	Name	NPC	Birth	Body Weight	Best Lift	Date	City	Country
1	Beitollahi, Hadis	IRI	2003	71.60	70	2022-02-28	Tehran	Iran

Women's Up to 79.00kg - Junior

Rank	Name	NPC	Birth	Body Weight	Best Lift	Date	City	Country
1	Maharani, Dwiska Afrilia	INA	2005	72.96	55.0	2021-12-05	Manama	Bahrain
2	Almutaiwei, Ayesha	UAE	2006	77.97	42.0	2021-12-05	Manama	Bahrain

Women's Up to 86.00kg - Junior

Rank	Name	NPC	Birth	Body Weight	Best Lift	Date	City	Country
vacant								

Women's Over 86.00kg - Junior

Rank	Name	NPC	Birth	Body Weight	Best Lift	Date	City	Country
1	Saputri, Elsa Dewi	INA	2003	99.08	80.0	2021-12-05	Manama	Bahrain

Men's Up to 49.00kg - Senior

Rank	Name	NPC	Birth	Body Weight	Best Lift	Score	Date	City	Country
1	Qarada, Omar Sami Hamadeh	JOR	1981	47.66	174.0	207.30	2021-11-28	Tbilisi	Georgia
2	Le, Van Cong	VIE	1984	46.78	170.0	204.46	2021-11-28	Tbilisi	Georgia
3	Zheng, Yu	CHN	1976	48.28	153.0	181.10	2021-11-28	Tbilisi	Georgia
4	Nishizaki, Tetsuo	JPN	1977	48.10	139	164.84	2022-01-29	Tokyo	Japan
5	Alshnaiti, Mohammad	JOR	2001	44.01	131.0	162.55	2021-11-27	Tbilisi	Georgia
6	Miura, Hiroshi	JPN	1964	46.80	120	144.29	2022-01-29	Tokyo	Japan
7	Vahabi Aghababaei, Mahdi	IRI	2001	47.52	107.0	127.67	2021-12-05	Manama	Bahrain

Men's Up to 54.00kg - Senior

Rank	Name	NPC	Birth	Body Weight	Best Lift	Score	Date	City	Country
1	Yang, Jinglang	CHN	1990	53.31	172.0	193.81	2021-11-29	Tbilisi	Georgia
2	Izadi, Ali Reza	IRI	1999	53.20	154	173.71	2022-03-02	Tehran	Iran
3	Dehbashi, Mani	IRI	1993	53.30	152	171.29	2022-03-02	Tehran	Iran
4	Ichikawa, Mitsunori	JPN	1974	52.60	143	162.20	2022-01-29	Tokyo	Japan
5	Vahabi Aghababaei, Mahdi	IRI	2001	51.40	113	129.64	2022-03-02	Tehran	Iran
6	Okada, Yuji	JPN	1976	53.40	105	118.22	2022-01-29	Tokyo	Japan
7	Kitan, Agustin	PHI	1976	52.24	103.0	117.23	2021-11-29	Tbilisi	Georgia

Men's Up to 59.00kg - Senior

Rank	Name	NPC	Birth	Body Weight	Best Lift	Score	Date	City	Country
1	Yousefi Pashaki, Seyed Yousef	IRI	1988	58.92	178.0	191.09	2021-11-30	Tbilisi	Georgia
2	Bakhtiar, Mohsen	IRI	1998	58.90	175	187.90	2022-03-02	Tehran	Iran
3	Qi, Yongkai	CHN	1998	57.53	170.0	184.60	2021-11-30	Tbilisi	Georgia
4	Kose, Tomohiro	JPN	1993	57.83	146.0	158.14	2021-11-30	Tbilisi	Georgia
5	Turgunov, Azizbek	UZB	1999	57.34	135.0	146.83	2021-11-30	Tbilisi	Georgia

Men's Up to 65.00kg - Senior

Rank	Name	NPC	Birth	Body Weight	Best Lift	Score	Date	City	Country
1	Jafari Arangeh, Amir	IRI	1985	63.49	193.0	199.98	2021-12-01	Tbilisi	Georgia
2	Zou, Yi	CHN	1995	63.60	192.0	198.78	2021-12-01	Tbilisi	Georgia
3	Seifi, Ali	IRI	1997	63.95	181	186.91	2022-03-02	Tehran	Iran
4	Ollaberganov, Sanjar	UZB	1991	63.72	169.0	174.81	2021-12-01	Tbilisi	Georgia
5	Okuyama, Kazuki	JPN	1997	62.61	156.0	162.71	2021-12-01	Tbilisi	Georgia
6	Sano, Yoshiki	JPN	1968	63.76	139.0	143.74	2021-12-01	Tbilisi	Georgia
7	Akhmedov, Sherali	UZB	2001	64.13	138.0	142.32	2021-12-06	Manama	Bahrain
8	Jo, Takashi	JPN	1960	64.30	132	135.96	2022-01-29	Tokyo	Japan
9	Husawi, Obadah	KSA	1999	62.98	125.0	130.01	2021-12-01	Tbilisi	Georgia
10	Nozawa, Tetsuya	JPN	1973	63.90	120	123.96	2022-01-29	Tokyo	Japan

Men's Up to 72.00kg - Senior

Rank	Name	NPC	Birth	Body Weight	Best Lift	Score	Date	City	Country
1	Gustin, Bonnie Bunyau	MAS	1999	68.90	210.0	209.47	2021-12-02	Tbilisi	Georgia
2	Hu, Peng	CHN	1989	70.61	196.0	193.32	2021-12-02	Tbilisi	Georgia
3	Moradi, Nader	IRI	1982	70.27	193.0	190.78	2021-12-02	Tbilisi	Georgia
4	Oltiev, Yashinbek	UZB	1993	67.74	172.0	172.92	2021-12-02	Tbilisi	Georgia
5	Doustdarshahmirzadi, Ahmad	IRI	1995	70.40	175	172.84	2022-03-02	Tehran	Iran
6	Higuchi, Kentaro	JPN	1972	71.50	172	168.68	2022-01-29	Tokyo	Japan
7	Alzaabi, Saif	UAE	1979	68.97	152.0	151.55	2021-12-02	Tbilisi	Georgia
8	Alhawsawi, Aseel	KSA	1997	70.39	142.0	140.26	2021-12-02	Tbilisi	Georgia

Men's Up to 80.00kg - Senior

Rank	Name	NPC	Birth	Body Weight	Best Lift	Score	Date	City	Country
1=	Gu, Xiaofei	CHN	1989	78.08	230.0	216.76	2021-12-03	Tbilisi	Georgia
1=	Rostami, Roohallah	IRI	1989	79.67	230.0	214.81	2021-12-03	Tbilisi	Georgia
3	Mohsin, Rasool	IRQ	1987	75.07	210.0	201.44	2021-12-03	Tbilisi	Georgia
4	Youssefizadeh, Amirsajjad	IRI	1995	72.10	167	163.15	2022-03-02	Tehran	Iran
5	Gustin, Bryan Junency	MAS	1997	76.96	170.0	161.25	2021-12-03	Tbilisi	Georgia
6	Kaenla, Chatchai	THA	2001	77.42	71.0	67.17	2021-12-06	Manama	Bahrain
7	Odo, Hideki	JPN	1974	77.97	66.0	62.24	2021-12-03	Tbilisi	Georgia

Men's Up to 88.00kg - Senior

Rank	Name	NPC	Birth	Body Weight	Best Lift	Score	Date	City	Country
1	Khattab, Abdelkareem Mohmmad Ahmad	JOR	1991	87.10	241	216.41	2022-03-03	Tehran	Iran
2	Ye, Jixiong	CHN	1993	82.32	211.0	194.23	2021-12-04	Tbilisi	Georgia
3	Razi, Kamran	IRI	1982	85.60	210	190.01	2022-03-03	Tehran	Iran
4	Umirzakov, Farhod	UZB	1996	86.64	207.0	186.31	2021-12-04	Tbilisi	Georgia
5	Alakdah, Hayder	IRQ	1993	85.70	184.0	166.40	2021-12-04	Tbilisi	Georgia
6	Shanbih, Adel	UAE	1989	84.38	180.0	163.90	2021-12-04	Tbilisi	Georgia
7	Tanaka, Shogo	JPN	1985	80.84	168.0	155.89	2021-12-04	Tbilisi	Georgia

8	Kobilov, Bahrom	UZB	1993	83.67	169.0	154.45	2021-12-04	Tbilisi	Georgia
9=	Moses, Nicodemus Manggoi	MAS	1992	85.14	165.0	149.65	2021-12-04	Tbilisi	Georgia
9=	Ahmed, Rashed Hassan	UAE	1980	86.44	165.0	148.66	2021-12-04	Tbilisi	Georgia
11	Ishihara, Masaharu	JPN	1972	86.20	142	128.09	2022-01-29	Tokyo	Japan

Men's Up to 97.00kg - Senior

Rank	Name	NPC	Birth	Body Weight	Best Lift	Score	Date	City	Country
1	Solhipouravanji, Seyedhamed	IRI	1989	94.95	225.0	194.64	2021-12-04	Tbilisi	Georgia
2	Yan, Panpan	CHN	1990	90.23	219.0	193.66	2021-12-04	Tbilisi	Georgia
3	Aljuneidi, Mutaz Zakaria Daoud	JOR	1976	95.70	220.0	189.68	2021-12-04	Tbilisi	Georgia
4	Wan Azman, Wan Nur Azri	MAS	1997	95.30	168.0	145.10	2021-12-04	Tbilisi	Georgia
5	Sato, Yoshitaka	JPN	1974	92.70	165	144.22	2022-01-29	Tokyo	Japan
6	Sato, Kazuhito	JPN	1980	95.22	165.0	142.56	2021-12-04	Tbilisi	Georgia
7	Alarimi, Abdulla	UAE	1979	95.97	160.0	137.78	2021-12-04	Tbilisi	Georgia
8	Mohammad, Fahad	UAE	1993	89.60	153.0	135.71	2021-12-04	Tbilisi	Georgia
9	Sayjan, Kamon	THA	2001	95.15	82.0	70.87	2021-12-06	Manama	Bahrain

Men's Up to 107.00kg - Senior

Rank	Name	NPC	Birth	Body Weight	Best Lift	Score	Date	City	Country
1	Gharibshahi, Aliakbar	IRI	1982	105.19	245.0	202.95	2021-12-05	Tbilisi	Georgia
2	Razi, Saman	IRI	1986	104.87	235.0	194.91	2021-12-05	Tbilisi	Georgia
3	Al-Ali, Thaer	IRQ	1976	99.16	212.0	180.04	2021-12-05	Tbilisi	Georgia
4	Davlatov, Nuriddin	UZB	1989	102.68	213.0	178.24	2021-12-05	Tbilisi	Georgia
5	Jong, Yee Khie	MAS	1988	102.99	210.0	175.51	2021-12-05	Tbilisi	Georgia
6	Hadi Shahabadi, Abolfazl	IRI	2000	102.50	187	156.60	2022-03-03	Tehran	Iran
7	Sato, Kazuhito	JPN	1980	98.90	170	144.53	2022-01-29	Tokyo	Japan
8	Alhammadi, Khaled	UAE	1992	105.64	157.0	129.82	2021-12-05	Tbilisi	Georgia
9	Nadesan, Kalai Vanen	SGP	1959	101.95	145.0	121.70	2021-12-05	Tbilisi	Georgia

Men's Over 107.00kg - Senior

Rank	Name	NPC	Birth	Body Weight	Best Lift	Score	Date	City	Country
1	Aminzadeh, Ahmad	IRI	1991	135.60	263	196.43	2022-03-03	Tehran	Iran
2	Al-Ageeli, Faris	IRQ	1974	129.21	237.0	180.45	2021-12-05	Tbilisi	Georgia
3	Sayadi, Mahdi	IRI	1996	147.80	247.0	178.32	2021-12-05	Tbilisi	Georgia
4	Elshebli, Jamil	JOR	1979	130.46	235.0	178.24	2021-12-05	Tbilisi	Georgia
5	Alblooshi, Ahmed Khamis	UAE	1974	115.11	210.0	167.57	2021-12-05	Tbilisi	Georgia
6	Davlatov, Nuriddin	UZB	1989	109.00	201	164.05	2022-03-03	Tehran	Iran
7	Abdusattarov, Doston	UZB	1995	112.37	202.0	162.80	2021-12-05	Tbilisi	Georgia
8	Ahmed, Hazar	IRQ	1991	151.18	200.0	143.13	2021-12-05	Tbilisi	Georgia
9	Ahmadi, Moein	IRI	1998	134.60	191	143.07	2022-03-03	Tehran	Iran

Women's Up to 41.00kg - Senior

Rank	Name	NPC	Birth	Body Weight	Best Lift	Score	Date	City	Country
1	Guo, Lingling	CHN	1989	40.31	109.0	128.16	2021-11-28	Tbilisi	Georgia

Women's Up to 45.00kg - Senior

Rank	Name	NPC	Birth	Body Weight	Best Lift	Score	Date	City	Country
1	Cui, Zhe	CHN	1986	42.25	103.0	118.38	2021-11-28	Tbilisi	Georgia
2	Guion, Achelle	PHI	1971	43.48	73.0	82.75	2021-11-28	Tbilisi	Georgia
3	Rezasoroush, Behnaz	IRI	1980	45.00	68	75.84	2022-02-28	Tehran	Iran
4	Karimi, Maryam	IRI	1984	43.00	63	71.80	2022-02-28	Tehran	Iran
5	Naruke, Miwa	JPN	1969	42.30	57	65.47	2022-01-29	Tokyo	Japan
6	Kobayashi, Hiromi	JPN	1969	44.60	52	58.24	2022-01-29	Tokyo	Japan

Women's Up to 50.00kg - Senior

Rank	Name	NPC	Birth	Body Weight	Best Lift	Score	Date	City	Country
1	Wei, Yi	CHN	1991	45.62	100.0	110.81	2021-11-29	Tbilisi	Georgia
2	Dang, Thi Linh Phuong	VIE	1983	49.05	95.0	101.77	2021-11-29	Tbilisi	Georgia
3	Khatun, Sakina	IND	1989	46.73	80.0	87.65	2021-11-29	Tbilisi	Georgia
4	Moosavi, Zahrasadat	IRI	1997	48.00	58	62.76	2022-02-28	Tehran	Iran
5	Nakajima, Akiko	JPN	1975	47.23	53.0	57.78	2021-11-29	Tbilisi	Georgia

Women's Up to 55.00kg - Senior

Rank	Name	NPC	Birth	Body Weight	Best Lift	Score	Date	City	Country
1	Xiao, Jinping	CHN	1998	53.24	113.0	116.59	2021-11-30	Tbilisi	Georgia
2	Alzeyoudi, Mozah	UAE	1992	52.31	81.0	84.25	2021-11-30	Tbilisi	Georgia
3	Nakamura, Hikari	JPN	1991	53.52	60.0	61.76	2021-11-30	Tbilisi	Georgia
4	Yamamoto, Eri	JPN	1983	54.20	60	61.41	2022-01-29	Tokyo	Japan
5	Olimova, Ozoda	UZB	2001	53.41	55.0	56.67	2021-12-05	Manama	Bahrain

Women's Up to 61.00kg - Senior

Rank	Name	NPC	Birth	Body Weight	Best Lift	Score	Date	City	Country
1	Cui, Jianjin	CHN	1988	60.33	121.0	118.08	2021-11-30	Tbilisi	Georgia
2	Kuzieva, Ruza	UZB	1994	57.06	117.0	117.02	2021-11-30	Tbilisi	Georgia
3	Jalali, Manizheh	IRI	1985	59.70	70	68.63	2022-02-28	Tehran	Iran
4	Tatsukawa, Takako	JPN	1976	60.80	68	66.13	2022-01-29	Tokyo	Japan

Women's Up to 67.00kg - Senior

Rank	Name	NPC	Birth	Body Weight	Best Lift	Score	Date	City	Country
1	Tan, Yujiao	CHN	1990	65.71	125.0	117.54	2021-12-01	Tbilisi	Georgia
2	Liao, Liye	CHN	1999	64.04	121.0	115.05	2021-12-01	Tbilisi	Georgia
3	Toshpulatova, Kudratoy	UZB	1995	63.93	105.0	99.91	2021-12-01	Tbilisi	Georgia
4	Al-Obaidi, Zahraa	IRQ	1998	63.64	89.0	84.85	2021-12-01	Tbilisi	Georgia

5	Ansari, Fatemeh	IRI	2000	62.15	74	71.28	2022-02-28	Tehran	Iran
6	Mohammadi Adergani, Zahra	IRI	1983	65.06	75	70.82	2022-02-28	Tehran	Iran
7	Tatsukawa, Takako	JPN	1976	61.63	65.0	62.84	2021-12-01	Tbilisi	Georgia

Women's Up to 73.00kg - Senior

Rank	Name	NPC	Birth	Body Weight	Best Lift	Score	Date	City	Country
1	Xu, Lili	CHN	1981	71.29	138.0	125.33	2021-12-02	Tbilisi	Georgia
2	Yaghoubijouybari, Seyedehzeinab	IRI	1982	70.10	105	96.04	2022-02-28	Tehran	Iran
3	Aghaeisamani, Zahra	IRI	1987	71.65	95	86.10	2022-02-28	Tehran	Iran
4	Mizue, Kanako	JPN	1987	70.44	68.0	62.07	2021-12-02	Tbilisi	Georgia
5	Thipmontree, Siraporn	THA	1996	70.74	43.0	39.18	2021-12-02	Tbilisi	Georgia

Women's Up to 79.00kg - Senior

Rank	Name	NPC	Birth	Body Weight	Best Lift	Score	Date	City	Country
1	Han, Miaoyu	CHN	1988	76.43	131.0	115.56	2021-12-02	Tbilisi	Georgia
2	Issa, Asma	JOR	1991	76.59	117.0	103.12	2021-12-02	Tbilisi	Georgia
3	Alosmanee, Gharam	IRQ	1995	76.59	104.0	91.66	2021-12-02	Tbilisi	Georgia
4	Sakamoto, Chika	JPN	1982	77.96	78.0	68.24	2021-12-02	Tbilisi	Georgia
5	Hesarkhani, Malihe	IRI	1978	77.40	75	65.81	2022-03-01	Tehran	Iran
6	Al-Khafaji, Rusul	IRQ	1995	76.74	73.0	64.29	2021-12-02	Tbilisi	Georgia
7	Dadashi, Khadijeh	IRI	1983	75.40	70	62.10	2022-03-01	Tehran	Iran

Women's Up to 86.00kg - Senior

Rank	Name	NPC	Birth	Body Weight	Best Lift	Score	Date	City	Country
1	Zheng, Feifei	CHN	1996	79.68	133.0	115.32	2021-12-03	Tbilisi	Georgia
2	Alhajaj, Tharwh Tayseer Hamdan	JOR	1973	83.63	123.0	104.56	2021-12-03	Tbilisi	Georgia
3	Hoda Aghghaleh, Samaneh	IRI	1998	84.90	93	78.58	2022-03-01	Tehran	Iran

Women's Over 86.00kg - Senior

Rank	Name	NPC	Birth	Body Weight	Best Lift	Score	Date	City	Country
1	Deng, Xuemei	CHN	1991	101.76	140.0	110.08	2021-12-04	Tbilisi	Georgia
2	Ancheta, Adeline	PHI	1973	106.74	90.0	69.47	2021-12-04	Tbilisi	Georgia