

Minimum Qualification Standard (MQS)
Table

ELITE MEN

Event	Paralympic Games	World Championships	Regional Championships	Regional Games
Up to 49.00 kg	105 kg	100 kg	95 kg	90 kg
Up to 54.00 kg	115 kg	110 kg	105 kg	100 kg
Up to 59.00 kg	125 kg	120 kg	115 kg	110 kg
Up to 65.00 kg	135 kg	130 kg	125 kg	120 kg
Up to 72.00 kg	142 kg	137 kg	132 kg	127 kg
Up to 80.00 kg	150 kg	145 kg	140 kg	135 kg
Up to 88.00 kg	157 kg	152 kg	147 kg	142 kg
Up to 97.00 kg	165 kg	160 kg	155 kg	150 kg
Up to 107.00 kg	172 kg	167 kg	162 kg	157 kg
Over 107.00 kg	180 kg	175 kg	170 kg	165 kg

ELITE WOMEN

Event	Paralympic Games	World Championships	Regional Championships	Regional Games
Up to 41.00 kg	57 kg	55 kg	52 kg	50 kg
Up to 45.00 kg	60 kg	57 kg	55 kg	52 kg
Up to 50.00 kg	62 kg	60 kg	57 kg	55 kg
Up to 55.00 kg	65 kg	62 kg	60 kg	57 kg
Up to 61.00 kg	67 kg	65 kg	62 kg	60 kg
Up to 67.00 kg	70 kg	67 kg	65 kg	62 kg
Up to 73.00 kg	72 kg	70 kg	67 kg	65 kg
Up to 79.00 kg	77 kg	75 kg	70 kg	67 kg
Up to 86.00 kg	82 kg	80 kg	77 kg	75 kg
Over 86.00 kg	87 kg	85 kg	82 kg	80 kg

ROOKIE/NEXT GEN MEN

Event	World Championships		Regional Championships	
	Rookie (15 – 17 Years)	Next Gen (18 – 20 Years)	Rookie (15 – 17 Years)	Next Gen (18 – 20 Years)
Up to 49.00 kg	61 kg	74 kg	49 kg	61 kg
Up to 54.00 kg	68 kg	81 kg	54 kg	68 kg
Up to 59.00 kg	74 kg	89 kg	59 kg	74 kg
Up to 65.00 kg	81 kg	98 kg	65 kg	81 kg
Up to 72.00 kg	90 kg	108 kg	72 kg	90 kg
Up to 80.00 kg	100 kg	120 kg	80 kg	100 kg
Up to 88.00 kg	110 kg	132 kg	88 kg	110 kg
Up to 97.00 kg	121 kg	146 kg	97 kg	121 kg
Up to 107.00 kg	134 kg	161 kg	107 kg	134 kg
Over 107.00 kg	134 kg	161 kg	107 kg	134 kg

ROOKIE/NEXT GEN WOMEN

Event	World Championships		Regional Championships	
	Rookie (15 – 17 Years)	Next Gen (18 – 20 Years)	Rookie (15 – 17 Years)	Next Gen (18 – 20 Years)
Up to 41.00 kg	31 kg	41 kg	25 kg	31 kg
Up to 45.00 kg	34 kg	45 kg	25 kg	34 kg
Up to 50.00 kg	38 kg	50 kg	25 kg	38 kg
Up to 55.00 kg	41 kg	55 kg	28 kg	41 kg
Up to 61.00 kg	46 kg	61 kg	31 kg	46 kg
Up to 67.00 kg	50 kg	67 kg	34 kg	50 kg
Up to 73.00 kg	55 kg	73 kg	37 kg	55 kg
Up to 79.00 kg	59 kg	79 kg	40 kg	59 kg
Up to 86.00 kg	65 kg	86 kg	43 kg	65 kg
Over 86.00 kg	65 kg	86 kg	43 kg	65 kg

NOTE: In accordance with the WPPO Rules and Regulations, the age group of the Rookie and Next Gen athlete will be calculated by using the age of the athlete by 31 December of the year of the competition.
No MQS is required for the Legends Events